

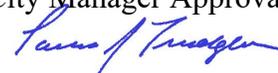
ROSEVILLE
REQUEST FOR COUNCIL ACTION

Date: October 18, 2021
Item No.: 7.a

Department Approval



City Manager Approval



Item Description: Discuss Firefighter Mental Health Program

BACKGROUND

The Roseville Fire Department has worked to address several facets of firefighter health and wellness over the last several years. Between expanding annual medical examinations and bolstering our cancer prevention program we have been able to address several areas of health and wellness. One area, as of 2019, we had not yet addressed was the mental health of firefighters.

Firefighters are at a higher risk for addiction, marital problems, and suicide than the general population. Much of that is due to the high amount of stress, workload, and difficult decision-making firefighters experience on a daily basis. In an effort to combat this statistic we entered into a contract with a mental health professional that has a first responder background.

Jonathan Bundt has been in the law enforcement and emergency management field for more than 25 years. In addition to this, he is a licensed family therapist with experience working in private practice, hospital, addiction services, and critical incident response. The Fire Department has been working with Mr. Bundt for just over two years. In that time we have worked to address stress and stress indicators, recognize positive mental health practices, and learn more about appropriate work/life balance.

The presentation this evening is an opportunity to introduce the Council to Mr. Bundt as well as bring Council up to speed with our mental health program.

FINANCIAL IMPACTS

There are no direct financial impacts to the City at this time.

STAFF RECOMMENDATION

Staff recommends to review and discuss firefighter mental health initiatives with Command staff and Mr. Jonathan Bundt.

REQUESTED COUNCIL ACTION

No action needed at this time.

Prepared by: David Brosnahan, Fire Chief (651)792-7333

Attachments: A: NA