



FAMILY MEMBERS INVITED

HELP UNIVERSITY OF MINNESOTA RESEARCHERS DEVELOP A PROGRAM FOR FAMILIES OF RELATIVES IN ASSISTED LIVING OR A NURSING HOME

- *What:* We are evaluating the “Residential Care Transition Module,” a 6 session program that takes place over 4 months. This program includes 6 sessions over a 4-month period with a trained transition coach. Sessions can include you or anyone else you would like to include, and each session lasts from 1 to 2 hours.
- *For Whom?* Family members of relatives with memory loss who are living in a nursing home, assisted living memory care, or a similar setting.
- *When:* We will ask you to participate over a 1-year period. Following completion of 45-minute survey, a research coordinator will randomly assign you (like the flip of a coin) to receive the RCTM program or not. We ask all participants to complete a 4-, 8-, and 12-month interview. If you are randomly selected to receive the RCTM, we will have additional questions for you to complete at 4, 8, and 12 months, and we may ask you to participate in a 60 minute interview with a research assistant to see how well the RCTM did or did not work for you.
- *Where:* Here at this residence or any other place of your choosing.
- *Why:* Families can often use information and support after a loved one enters a residential setting, and this study is designed to evaluate whether the RCTM can provide such comprehensive support.
- *Incentives:* All who participate will be paid \$25 at the conclusion of the initial, 4 month, 8 month, and 1 year interview.

***INTERESTED OR HAVE QUESTIONS? PLEASE
CONTACT DR. JOE GAUGLER AT 612-626-2485
OR VIA EMAIL AT gaug0015@umn.edu!***