## **Additional Resources**

- Interested in making end-of-life choices a priority in Minnesota? Check out the Minnesota chapter of Compassion & Choices webpage at www.compassionandchoices.org/Minnesota/.
- 2. Interested in learning more about planning ahead for incapacity or death? Check out the Minnesota Attorney General's Office website at <a href="https://www.ag.state.mn.us/brochures/pubProbateandPlanning.pdf">www.ag.state.mn.us/brochures/pubProbateandPlanning.pdf</a>.
- 3. Interested in donating your body to science? Check out the University of Minnesota Body Donation website at <a href="https://www.med.umn.edu/research/anatomy-bequest-program">www.med.umn.edu/research/anatomy-bequest-program</a> or the Mayo Clinic's website at <a href="https://www.mayoclinic.org/body-donation/overview">www.mayoclinic.org/body-donation/overview</a>.
- 4. *Interested in an eco-friendly alternative to burial or cremation?* Check out Green Cremation, a Minnesota-based company, at <a href="https://www.greencremation.com">www.greencremation.com</a>.
- 5. *Interested in supports for individuals with dementia and their families?* Check out the Alzheimer's Association Minnesota-North Dakota chapter at www.alz.org/mnnd/.
- 6. *Interested in supports for individuals with Parkinson's disease and their families?* Check out the National Parkinson Foundation of Minnesota at www.parkinsonmn.org/.
- 7. Interested in resources for Veterans and their spouses? Check out the Minnesota Department of Veterans Affairs at <a href="www.mn.gov/mdva/">www.mn.gov/mdva/</a>.
- 8. Interested in making a psychiatric directive? Check out an example from the Minnesota Disability Law Center at <a href="https://mn.gov/omhdd/assets/MN%20Advanced%20Psychiatric%20Directive tcm23-27626.pdf">https://mn.gov/omhdd/assets/MN%20Advanced%20Psychiatric%20Directive tcm23-27626.pdf</a>.
- Interested in learning about how emergency medical professionals can honor your choices? Check www.polst.org and talk to your doctor about Provider Order for Life Sustaining Treatment.
- 10. *Interested in senior housing options in your area?* Check out the Senior Housing Guide published by Care Options Network at <a href="https://www.careoptionsnetwork.org/info/directory/">www.careoptionsnetwork.org/info/directory/</a>.
- 11. *Interested in a copy of* Compassion & Choices: The Dementia Provision: download at <a href="https://www.compassionandchoices.org/wp-content/uploads/2016/02/Dementia">https://www.compassionandchoices.org/wp-content/uploads/2016/02/Dementia</a> Provision1.pdf
- 12. Interested in the card deck Go Wish or the opportunity to use the cards online: <a href="http://codaalliance.org/go-wish/">http://codaalliance.org/go-wish/</a>