A friendly hand to help you stay in your home

helpatyourdoor.org | 651-642-1892
Since 1984, Help At Your Door has been serving seniors and individuals with disabilities in the seven counties encompassing the greater metro area of Minneapolis and St. Paul.

We are a nonprofit organization and our services include: grocery assistance, home support (chore assistance and repair), and transportation.
Who We Help

82% live alone

45% 80+ years old

34% income below poverty

46% income between 100% - 200% of poverty

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To all of you who help make life possible for all of us seniors, to live in our own homes, many thanks from the bottom of my heart.
- Jane, Help At Your Door Client
Our Services

- GROCERY ASSISTANCE
- HOME SUPPORT
- TRANSPORTATION

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Grocery Assistance

- Overview: how it works
- What makes our store-to-door model unique and effective?

I’m so excited about the services because now I won’t have to depend on my friend and family for the extra help necessary to remain in my home.
– Fran, Help At Your Door Client

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Home Support

- Chore assistance and home repair
- Overview: how it works

Examples include: dusting, washing windows, cleaning counters, organizing areas, installing accommodation features, repairing drywall, hanging décor, moving help, painting walls and more!
Transportation

• Overview: how it works
• What makes our service model unique and effective?

It was a lifesaver while I was recuperating and a wonderful service.
- Beverly, Help At Your Door Client
Giving Back

• As a nonprofit, we rely on support from our community to continue providing services. With your help, seniors and individuals with disabilities in our area have access to food, home support and transportation.

• WAYS TO GIVE:
  • Donate
  • Volunteer
  • Workplace giving: employer matching gifts, group volunteer, and corporate sponsorships
  • Planned giving – make us part of your legacy!

To learn more and give back, visit: helpatyourdoor.org
This year, more than 600 Help At Your Door volunteers gave 24,171 hours

- **Overview**
- **Roles:** home helper, handy person, personal driver, delivery assistant and more – including group volunteer opportunities
- **We offer flexible scheduling, social interaction with a welcoming community, and hands-on activities**

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Donate, today: helpatyourdoor.org

Help At Your Door is a 501(c)(3) nonprofit. All donations are tax deductible.
Video

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