

In-Home Dementia coaching

for those with memory loss, their families and care partners



Jewish Family Service of St. Paul offers in-home, personalized education and support to adults experiencing memory loss or living with dementia, their family members and care partners. Through our In-Home Dementia Coaching program, coaching is provided to those at any stage of the disease by a caring, skilled, licensed professional. Individual care partner coaching is also available.

What dementia coaching includes

- An in-depth assessment to identify current needs
- Partnering together in the development of an action plan based on the individual or family's needs, values, and goals
- Ongoing follow-up, guidance, and support in meeting established goals
- Disease education and referral to community resources
- Family meeting facilitation
- A focus on supporting well-being and honoring every person's unique situation

Meaningful topics for discussion

- Caregiver stress and self-care
- Communication strategies
- Safety
- Preparing for difficult transitions such as limiting driving, bringing services into the home, or making a move to residential care
- Problem solving and responding to challenging situations
- Assistance with planning for the future
- End-of-life decisions

To make In-Home Dementia Coaching accessible to all, it is provided on a sliding fee scale.



For more information about In-home Dementia Coaching services available through Jewish Family Service of St. Paul, please contact:

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