

Educational and Community Events

presentations & workshops on topics related to dementia, aging, and health;
community meetings; Alzheimer's Speaks radio shows and webinars

August, 2019

Always check details on any event, before attending. Details change quickly.

Thursday	Aug. 1	<p>Walking and Talking new</p> <p>What: Join others for a 30-minute walk at the Minnesota History Center followed by a dementia-friendly guided tour of the exhibits.</p> <p>When: First Thursday of the month, walk from 9:30 – 10:00am and health talk from 10:00 – 10:30am.</p> <p>Where: Minnesota History Center 345 W Kellogg Blvd. St. Paul, MN 55102</p> <p>Cost: No cost for the walk but there is a fee for parking.</p> <p>Register: No registration necessary</p> <p>Questions: Wilder Caregiving Services: caregiving@wilder.org or 651-280-2273</p> <p><u>Alzheimer's Speaks Radio</u></p> <p>Description: Alzheimer's Speaks Radio gives voice to those afflicted with memory loss, their care partners as well as researchers, advocates, businesses, authors, musicians, movie directors... as it relates to dementia and caregiving. Our goal is to raise awareness, give hope, reduce fears and remove stigmas by sharing real everyday life stories of living with dementia.</p> <p>When: Each Tuesday and Thursday the show is live at 1 P.M. CST People can listen to the show live or archived via their computer at: http://www.blogtalkradio.com/alzheimersspeaks</p> <p>Note: All episodes are recorded and can be accessed at any time.</p> <p>Where: On the internet</p> <p>Cost: FREE</p>
Friday	Aug. 2	<p><u>Roseville Alzheimer's & Dementia Community Action Team</u> <u>(Rsvl A/D) – monthly meeting</u></p>

What: Join members of Rsvl A/D as we develop plans for 2020, especially the Dementia: Caring & Coping speaker series. Get updates on additional Memory Minder kits, additional programming, and the Dementia-Friendly (DF) airport working group.

Share your ideas to make this a better community. All are welcome.

When: 1st Friday of each month 9:00 – 11:00/11:30 A.M.
If there is a holiday conflict, meetings are on the 2nd Friday of that month.

Where: Roseville City Hall - Bur Oak room
2660 Civic Center Drive
Roseville, MN 55113

Questions: RosevilleAlzDem@gmail.com

Day Out! Group Respite

What: Participants enjoy group discussions, creative projects, music, exercise, games and fun. Caregivers can also have a break while the person they care for spends time with FamilyMeans staff and volunteers in a group setting.

When: Every Friday 10am – 2pm

Where: FamilyMeans
1875 Northwestern Avenue S
Stillwater, MN 55082

Cost: \$40 each visit

Registration: required before attending Day Out!
Please connect with our FamilyMeans staff at 651-439-4840.

NE Day Spot

What: People with early to moderate stage dementia and other health conditions can spend four hours together with our wonderful volunteers and staff. We'll engage our bodies and minds to stay as healthy as we can. Family and friend caregivers get a 4 hour break to rest, run errands, enjoy the company of friends and rejuvenate.

A staff & volunteer led day of activities, exercise, engagement and discussion for older adults with early to moderate stage dementia and other health conditions.

No hands-on care is provided, so you must be able to eat, walk and use the restroom independently.

When: Every Friday, 10 AM - 2 PM July 5, 12, 19, 26

		<p>Where: East Side Neighborhood Services 1700 2nd St NE Minneapolis MN 55413</p> <p>Cost: Sliding fee scale, \$0-\$45</p> <p>RSVP: Pre-screening is required. Parichay Rudina, LISW, 612-787-4085 or prudina@esns.org</p> <p>Contact for more information: Interested in participating? Contact Parichay Rudina, LISW, 612-787-4085 prudina@esns.org.</p> <p>Interested in volunteering? Contact Jennifer Grilliot, 612-787-4104 jgrilliot@esns.org.</p>
Saturday	Aug. 3	
Sunday	Aug. 4	
Monday	Aug. 5	
Tuesday	Aug. 6	<p><u>James J. Hill House: Tours for People with Memory Loss</u></p> <p>What: Take a sensory-based tour designed for people with memory loss and their caregiver. Each themed tour highlights three rooms in the James J. Hill House.</p> <p>Care partners (caregiver and care recipient) are welcome.</p> <p>When: Offered the first Tuesday of every month from 10-11 am</p> <p>Where: James J. Hill House 240 Summit Ave. St. Paul, MN 55102</p> <p>Cost: Free, registration required</p> <p>Reservations: Call 651-259-3015 or register online</p> <p>Information: hillhouse@mnhs.org</p> <p><u>Financial Capacity for People Living with Dementia and Their Caregivers</u></p> <p>Part of the National Alzheimer’s and Dementia Resource Center web seminar series, sponsored by the Administration for Community Living.</p> <p>What: The irreversible and progressive nature of dementia underscores the importance of planning for the future as soon as is practical for the person living with dementia and their caregivers or family. As dementia progresses, a person living with dementia will lose the ability to manage care and finances. Future planning for those affected by dementia can include identifying healthcare and supportive service options, determining how care will be funded and examining useful financial and legal resources. This web seminar will discuss key aspects of financial,</p>

legal, and healthcare planning that can help to ensure a more stable future for persons living with dementia, and their caregivers.

Participants in this web seminar will be able to:

- Describe how the cost of caring for a person living with dementia differs from the cost of caring for other conditions;
- Describe healthcare programs for older adults and what they cover;
- Describe the financial capacity options available to older adults; and,
- List legal and financial documents that may help families and caregivers of people living with dementia.

Presenters:

- Cindy Hounsell is an attorney and retirement expert who has spent her career helping women secure their financial futures. She directs the National Resource Center for Women and Retirement Planning and is founder and president of the Women's Institute for a Secure Retirement (WISER), the only organization to focus exclusively on the unique financial challenges that women face and to support women's opportunities to secure adequate retirement income through research, workshops and partnerships.
- Laurel Beedon, Ph.D., has spent her career working on retirement income policy as a researcher, writer, speaker and educator. In addition to policy research, Beedon's experience includes: staff member of the American Indian Policy Committee for Senator James Abourezk. She is also a member of the Alumni Advisory Board at Virginia Tech

When: Tuesday, August 06, 2019 1pm CST

Where: online

Cost: free

Registration: <https://services.asaging.org/events/event-registration/?id=c10c0da7-e176-4466-b250-18e2e15c438d&reload=timezone>

Alzheimer's Speaks Radio

Description: Alzheimer's Speaks Radio gives voice to those afflicted with memory loss, their care partners as well as researchers, advocates, businesses, authors, musicians, movie directors... as it relates to dementia and caregiving. Our goal is to raise awareness, give hope, reduce fears and remove stigmas by sharing real everyday life stories of living with dementia.

When: Each Tuesday and Thursday the show is live at 1 P.M. CST
People can listen to the show live or archived via their computer at:

		<p>http://www.blogtalkradio.com/alzheimersspeaks</p> <p>Note: All episodes are recorded and can be accessed at any time.</p> <p>Where: On the internet</p> <p>Cost: FREE</p>
Wednesday	Aug. 7	<p><u>Need Help? Walk-in, free social work assistance at Ramsey County Library in Roseville.</u></p> <p>What: Community Resource Advocates, trained social workers, help you access resources for housing/shelter, mental health care, food shelves, transportation, domestic violence issues, youth resources, scholarships for daycare/preschool.</p> <p>When: Wednesdays 1:30 - 3pm</p> <p>Where: Ramsey County Library - Roseville – conf. room B 2180 North Hamline Ave Roseville, MN 55113</p> <p>For more information call 651-724-6062.</p>
Thursday	Aug. 8	<p><u>Dementia: Caring & Coping: The Housing Decision: a 3-part series</u></p> <p>What: A 3-part series to help you make an informed decision about moving into senior housing.</p> <p>Pt. 3: Know Your Rights</p> <p>A representative of the state's ombudsman for long-term care will speak about advocating for the rights of residents and caregivers in long-term care facilities. Learn about the changing MN law.</p> <p>When: Thursday, August 8 1:00 – 3:00pm</p> <p>Where: Ramsey County Library - Roseville 2180 North Hamline Ave Roseville</p> <p>Cost: Free</p> <p>RSVP: none</p> <p><i>Co-sponsors: Rsvl A/D and Amherst H. Wilder Foundation</i></p> <p><i>Funded in part by a Live Well at Home Grant from the Minnesota Dept. of Human Services</i></p>

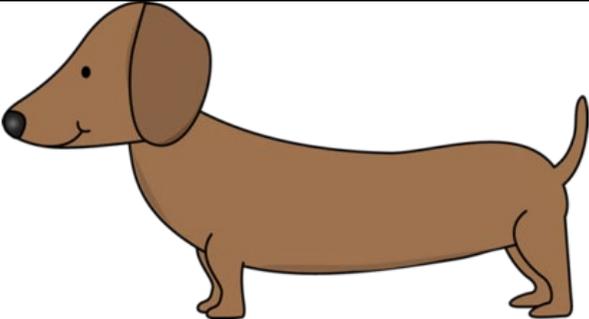
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Friday	Aug. 9	<p><u>Day Out! Group Respite</u></p> <p>What: Participants enjoy group discussions, creative projects, music, exercise, games and fun. Caregivers can also have a break while the person they care for spends time with FamilyMeans staff and volunteers in a group setting.</p> <p>When: Every Friday 10am – 2pm</p> <p>Where: FamilyMeans 1875 Northwestern Avenue S Stillwater, MN 55082</p> <p>Cost: \$40 each visit</p> <p>Registration: required before attending Day Out! Please connect with our FamilyMeans staff at 651-439-4840.</p> <p><u>NE Day Spot</u></p> <p>What: People with early to moderate stage dementia and other health conditions can spend four hours together with our wonderful volunteers and staff. We'll engage our bodies and minds to stay as healthy as we can. Family and friend caregivers get a 4 hour break to rest, run errands, enjoy the company of friends and rejuvenate.</p> <p>A staff & volunteer led day of activities, exercise, engagement and discussion for older adults with early to moderate stage dementia and other health conditions.</p> <p>No hands-on care is provided, so you must be able to eat, walk and use the restroom independently.</p>

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Saturday	Aug.10	
Sunday	Aug.11	
Monday	Aug.12	<p><u>The Gathering Volunteer Training</u></p> <p>What: The Gathering offers a day of fellowship and brain stimulating activities for those experiencing memory loss while giving five hours of respite for their caregivers. Participants are paired one-on-one with a dedicated volunteer specially trained to understand the distinctive needs of people experiencing memory loss. The program is offered through Lyngblomsten's Community Services and is in collaborative partnerships with churches in the east metro area, including Centennial United Methodist Church, Roseville.</p> <p>Note: There is a real need for volunteers for The Gathering in Roseville at Centennial United Methodist Church. The 2nd Tuesdays of each month are in critical need. The volunteers are at the site from 9:15 a.m. to 3:15 p.m.</p> <p>To learn about volunteering for the Gathering or if interested in attending volunteer training contact Betsy Hoffman at (651) 414-5291 or bhoffman@lyngblomsten.org More at www.lyngblomsten.org/thegathering.</p> <p>When: 2nd Monday of the month 8:30am-12:30am</p> <p>Where: Lyngblomsten 1415 Almond Ave St. Paul, MN</p> <p>Cost: FREE</p> <p>Contact: Betsy Hoffman at (651) 414-5291</p>
Tuesday	Aug.13	<u>Let's Do Lunch! Café - St. Paul site!!!!!!!!!!!!!!</u>

		<p>What: A monthly social event for LGBT seniors that welcomes people with memory loss and their caregivers/partners. This café is a unique venue where you can relax, enjoy lunch and gather information on senior and LGBTQ services. Come for the food, stay for the company! Be yourself, make new friends, and get up-to-date on ways to increase your well-being and independence.</p> <p>Presentation by Aaron Beaudry Allina Health LGBTQ Bereavement Group</p> <p>When: 2nd Tuesday of every month 11:30 AM - 1:30 PM</p> <p>Where: Wilder Community Center for Aging 650 Marshall Ave. St. Paul, MN 55104</p> <p>Cost: FREE, but RSVP is required</p> <p>RSVP: 651-280-CARE (2273)</p> <p>Questions: 651-280-CARE (2273)</p> <p><u>Alzheimer's Speaks Radio</u></p> <p>Description: Alzheimer's Speaks Radio gives voice to those afflicted with memory loss, their care partners as well as researchers, advocates, businesses, authors, musicians, movie directors... as it relates to dementia and caregiving. Our goal is to raise awareness, give hope, reduce fears and remove stigmas by sharing real everyday life stories of living with dementia.</p> <p>When: Each Tuesday and Thursday the show is live at 1 P.M. CST People can listen to the show live or archived via their computer at: http://www.blogtalkradio.com/alzheimersspeaks</p> <p>Note: All episodes are recorded and can be accessed at any time.</p> <p>Where: On the internet</p> <p>Cost: FREE</p>
Wednesday	Aug.14	<p><u>Need Help? Walk-in, free social work assistance at Ramsey County Library in Roseville.</u></p> <p>What: Community Resource Advocates, trained social workers, help you access resources for housing/shelter, mental health care, food shelves, transportation, domestic violence issues, youth resources, scholarships for daycare/preschool.</p>

		<p>When: Wednesdays 1:30 - 3pm</p> <p>Where: Ramsey County Library - Roseville – conf. room B 2180 North Hamline Ave Roseville, MN 55113</p> <p>For more information call 651-724-6062.</p>
Thursday	Aug.15	<p>Walking and Talking</p> <p>What: Join others for a 30-minute walk at various indoor locations. Walkers are invited to join us afterwards for coffee, treats and information about maintaining health.</p> <p>When: Third Thursday of the month, walk from 9:30 – 10:00am and health talk from 10:00 – 10:30am.</p> <p>Where: AARP Information Center at the Mall of America, (located on the third floor between Macy's and Nordstrom's) 228 W. Market Bloomington</p> <p>Cost: Free</p> <p>Register: No registration necessary</p> <p>Questions: Wilder Caregiving Services: caregiving@wilder.org or 651-280-2273</p> <p><u>Alzheimer's Speaks Radio</u></p> <p>Description: Alzheimer's Speaks Radio gives voice to those afflicted with memory loss, their care partners as well as researchers, advocates, businesses, authors, musicians, movie directors... as it relates to dementia and caregiving. Our goal is to raise awareness, give hope, reduce fears and remove stigmas by sharing real everyday life stories of living with dementia.</p> <p>When: Each Tuesday and Thursday the show is live at 1 P.M. CST People can listen to the show live or archived via their computer at: http://www.blogtalkradio.com/alzheimersspeaks</p> <p>Note: All episodes are recorded and can be accessed at any time.</p> <p>Where: On the internet</p> <p>Cost: FREE</p>
Friday	Aug.16	<u>Day Out! Group Respite</u>

		<p>What: Participants enjoy group discussions, creative projects, music, exercise, games and fun. Caregivers can also have a break while the person they care for spends time with FamilyMeans staff and volunteers in a group setting.</p> <p>When: Every Friday 10am – 2pm</p> <p>Where: FamilyMeans 1875 Northwestern Avenue S Stillwater, MN 55082</p> <p>Cost: \$40 each visit</p> <p>Registration: required before attending Day Out! Please connect with our FamilyMeans staff at 651-439-4840.</p> <p>NE Day Spot</p> <p>What: People with early to moderate stage dementia and other health conditions can spend four hours together with our wonderful volunteers and staff. We'll engage our bodies and minds to stay as healthy as we can. Family and friend caregivers get a 4 hour break to rest, run errands, enjoy the company of friends and rejuvenate.</p> <p>A staff & volunteer led day of activities, exercise, engagement and discussion for older adults with early to moderate stage dementia and other health conditions.</p> <p>No hands-on care is provided, so you must be able to eat, walk and use the restroom independently.</p> <p>When: Every Friday, 10 AM - 2 PM July 5, 12, 19, 26</p> <p>Where: East Side Neighborhood Services 1700 2nd St NE Minneapolis MN 55413</p> <p>Cost: Sliding fee scale, \$0-\$45</p> <p>RSVP: Pre-screening is required. Parichay Rudina, LISW, 612-787-4085 or prudina@esns.org</p> <p>Contact for more information: Interested in participating? Contact Parichay Rudina, LISW, 612-787-4085 prudina@esns.org.</p> <p>Interested in volunteering? Contact Jennifer Grilliot, 612-787-4104 jgrilliot@esns.org.</p>
Saturday	Aug.17	<u>5th Annual Dachshund Dash for Alzheimer's</u>



What: Fun for the whole family!!!
 Come to race or just to laugh and cheer! Weiner Dog races!
 Fabulous prizes! Hot dog plate and drink for \$5 donation.
 We will hold the races indoors in the garage if there is rain.
 Other dog breeds under 25lbs welcome to race in the Weiner Wannabe
 Race too!.

When: August 17th 10am-12pm
 10am registration, 10:30am start time for races.

Where: Brightondale Senior Campus
 2700 Rice Creek Road
 New Brighton MN 55112

Back Patio/Meadowood Park- enter through Cub Parking Lot

Cost: Free to watch
 \$20 entry fee goes to the Alzheimer's Association
 Hot dog plate and drink for \$5 donation.

RSVP: none to watch
 to RSVP your dog: ahouse@brightondale.com

Sunday Aug.18

Monday Aug.19

Tuesday Aug.20

Alzheimer's Speaks Radio

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		<p>Where: On the internet</p> <p>Cost: FREE</p>
Wednesday	Aug.21	<p><u>Need Help? Walk-in, free social work assistance at Ramsey County Library in Roseville.</u></p> <p>What: Community Resource Advocates, trained social workers, help you access resources for housing/shelter, mental health care, food shelves, transportation, domestic violence issues, youth resources, scholarships for daycare/preschool.</p> <p>When: Wednesdays 1:30 - 3pm</p> <p>Where: Ramsey County Library - Roseville – conf. room B 2180 North Hamline Ave Roseville, MN 55113</p> <p>For more information call 651-724-6062.</p> <p><u>Hands Only CPR: Roseville Fire Department CPR training</u></p> <p>What: Roseville Fire is continuing our one hour “Hands Only” CPR classes for anyone in the community wishing to learn this lifesaving skill. Walk-ins welcome!</p> <p>When: 3rd Wednesday/month 6:30pm</p> <p>Where: Roseville Fire Department 2701 Lexington Ave N. Roseville, MN 55113</p> <p>Cost: free</p> <p>For more information call Emily: 651-792-7309</p>
Thursday	Aug.22	<p><u>Alzheimer’s Speaks Radio</u></p> <p>Description: Alzheimer’s Speaks Radio gives voice to those afflicted with memory loss, their care partners as well as researchers, advocates, businesses, authors, musicians, movie directors... as it relates to dementia and caregiving. Our goal is to raise awareness, give hope, reduce fears and remove stigmas by sharing real everyday life stories of living with dementia.</p> <p>When: Each Tuesday and Thursday the show is live at 1 P.M. CST People can listen to the show live or archived via their computer at: http://www.blogtalkradio.com/alzheimersspeaks</p> <p>Note: All episodes are recorded and can be accessed at any time.</p>

		<p>Where: On the internet</p> <p>Cost: FREE</p>
Friday	Aug.23	<p><u>Day Out! Group Respite</u></p> <p>What: Participants enjoy group discussions, creative projects, music, exercise, games and fun. Caregivers can also have a break while the person they care for spends time with FamilyMeans staff and volunteers in a group setting.</p> <p>When: Every Friday 10am – 2pm</p> <p>Where: FamilyMeans 1875 Northwestern Avenue S Stillwater, MN 55082</p> <p>Cost: \$40 each visit</p> <p>Registration: required before attending Day Out! Please connect with our FamilyMeans staff at 651-439-4840.</p> <p><u>NE Day Spot</u></p> <p>What: People with early to moderate stage dementia and other health conditions can spend four hours together with our wonderful volunteers and staff. We'll engage our bodies and minds to stay as healthy as we can. Family and friend caregivers get a 4 hour break to rest, run errands, enjoy the company of friends and rejuvenate.</p> <p>A staff & volunteer led day of activities, exercise, engagement and discussion for older adults with early to moderate stage dementia and other health conditions.</p> <p>No hands-on care is provided, so you must be able to eat, walk and use the restroom independently.</p> <p>When: Every Friday, 10 AM - 2 PM July 5, 12, 19, 26</p> <p>Where: East Side Neighborhood Services 1700 2nd St NE Minneapolis MN 55413</p> <p>Cost: Sliding fee scale, \$0-\$45</p> <p>RSVP: Pre-screening is required. Parichay Rudina, LISW, 612-787-4085 or prudina@esns.org</p> <p>Contact for more information: Interested in participating? Contact Parichay Rudina, LISW, 612-787-4085 prudina@esns.org.</p>

Interested in volunteering? Contact Jennifer Grilliot, 612-787-4104
jgrilliot@esns.org.

Let's Do Lunch!

What: A monthly social event for LGBT seniors that welcomes people with memory loss and their caregivers/partners.

Join us each month for

- a healthy lunch
- scrumptious dessert
- great conversation
- information on senior LGBT services and senior care options

Come for the food, stay for the company! Be yourself, make new friends, and get up-to-date on ways to increase your well-being and independence.

When: 4th Friday of every month 11:30 AM - 1:30 PM

Where: Little Brothers – Friends of the Elderly
1845 E. Lake St.
Minneapolis

Convenient location in the heart of Midtown Minneapolis, just blocks from the Blue Line/Lake Street station.

Cost: FREE, but RSVP is required

RSVP: 612-721-1400 or mhaas@littlebrothersmn.org

Sponsors: Little Brothers – Friends of the Elderly, Prime Timers MSP, PFund

Saturday **Aug.24**

Sunday **Aug.25**

Monday **Aug.26**

Tuesday **Aug.27**

Alzheimer's Speaks Radio

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		<p>Where: On the internet</p> <p>Cost: FREE</p>
Wednesday	Aug.28	<p><u>Need Help? Walk-in, free social work assistance at Ramsey County Library in Roseville.</u></p> <p>What: Community Resource Advocates, trained social workers, help you access resources for housing/shelter, mental health care, food shelves, transportation, domestic violence issues, youth resources, scholarships for daycare/preschool.</p> <p>When: Wednesdays 1:30 - 3pm</p> <p>Where: Ramsey County Library - Roseville – conf. room B 2180 North Hamline Ave Roseville, MN 55113</p> <p>For more information call 651-724-6062.</p>
Thursday	Aug.29	<p><u>Alzheimer’s Speaks Radio</u></p> <p>Description: Alzheimer’s Speaks Radio gives voice to those afflicted with memory loss, their care partners as well as researchers, advocates, businesses, authors, musicians, movie directors... as it relates to dementia and caregiving. Our goal is to raise awareness, give hope, reduce fears and remove stigmas by sharing real everyday life stories of living with dementia.</p> <p>When: Each Tuesday and Thursday the show is live at 1 P.M. CST People can listen to the show live or archived via their computer at: http://www.blogtalkradio.com/alzheimersspeaks</p> <p>Note: All episodes are recorded and can be accessed at any time.</p> <p>Where: On the internet</p> <p>Cost: FREE</p>
Friday	Aug.30	<p><u>Day Out! Group Respite</u></p> <p>What: Participants enjoy group discussions, creative projects, music, exercise, games and fun. Caregivers can also have a break while the person they care for spends time with FamilyMeans staff and volunteers in a group setting.</p> <p>When: Every Friday 10am – 2pm</p> <p>Where: FamilyMeans 1875 Northwestern Avenue S Stillwater, MN 55082</p>

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Saturday	Aug.31	
Monday Jun. 17		<p>Elder Abuse Prevention and Vulnerable Adult Protection in Minnesota - Legislative Updates & Next Steps</p> <p>What: Hear from top leaders in Minnesota government and long-term care service organizations about:</p> <ul style="list-style-type: none"> • Recent legislation designed to protect older vulnerable adults and reduce elder abuse • Legislative and budgetary impacts on Assisted Living and Nursing Homes • Policy revisions to strengthen staff training, support caregivers, improve care and reduce occurrences of abuse

Access taped presentations:

https://www.dropbox.com/sh/1wznjj7dp8jknhd/ACIZ4tiDDB0oW_Ypv1u4Gefa?dl=0

- Legal and ombudsman services to support older victims and caregivers
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- Moderator: Rajean Moone, Executive Director, Minnesota Leadership Council on Aging
- Panelists:
- Jan Malcolm, Commissioner, Minnesota Department of Health
 - Patti Cullen, President/CEO, Care Providers of Minnesota
 - Gayle Kvenvold, President/CEO, LeadingAge Minnesota
 - Amanda Vickstrom, Executive Director, Minnesota Elder Justice Center
 - Cheryl Hennen, State Ombudsman, Office of Ombudsman for Long-Term Care

Dementia Chats™ Webinars

What: [Dementia Chats™](#) was created with the intention to educate people living with dementia; their care partners both family and friends as well as professionals and advocates. Our Experts are those diagnosed with dementia.

When: All episodes are recorded and you can watch them at your convenience.

Where: On the Internet: <https://www.alzheimersspeaks.com/dementia-chats-webinar>

Cost: Free

Free CEU Events for healthcare professionals - public welcome.

What: Continuing Education events are programs hosted through Ebenezer-Fairview sites. For every 50 minutes attended, healthcare professionals are awarded 1 CEU credit. Ebenezer provides numerous CEU events such as

- Ethics seminars
- Integrative healing practices
- Difficult conversations
- Guardianships and conservatorships
- Legislative changes in medical services
- Self-care and resiliency
- Trusts and wills
- Caregiving
- Senior bullying

Where: Ebenezer sites.

When: online events calendar <http://www.ebenzercares.org/ceus.html>

Family Caregiver Support Web Seminar Series

American Society on Aging (ASA) has teamed up with Home Instead Senior Care to present a series of twelve web seminars that address pertinent caregiving issues. This family caregiver support webinar series features a variety of topics that will help caregivers navigate the many

issues that arise while caring for an older adult. Continuing education is available at no cost to attendees. This series is the ideal opportunity to earn CEUs while gaining valuable information that will help you in your work with older adults—all without leaving your desk. It's convenient and it's FREE!

Each of the **webinars will be recorded and available for viewing for up to 60 days after the live presentation**. Pre-registration is required to attend the live or the recorded webinars.

<http://www.asaging.org/series/103/family-caregiver-support-web-seminar-series>

Parkinson's Foundation Expert Briefings Web Seminar Series

American Society on Aging (ASA) has partnered with the Parkinson's Foundation to present a series of web seminars that address pertinent issues relating to Parkinson's Disease (PD).

This webinar series features a variety of topics that will help caregivers and people living with PD to better understand and navigate the disease. Upcoming topics include caregiving and PD, managing the symptoms of PD, and managing the side effects of PD medications. This series is just one part of Parkinson's Foundation's commitment to providing online educational programs presented by leaders in PD research and care.

Continuing education hours are available at no cost to attendees. This series is the ideal opportunity to earn CEUs while gaining valuable information that will help you in your work with older adults—all without leaving your desk. It's convenient and it's FREE!

Each of the **webinars will be recorded and available for viewing for up to 30 days after the live presentation**. Pre-registration is required to attend the live or the recorded webinars

<http://www.asaging.org/series/104/parkinsons-foundation-expert-briefings-web-seminar-series>

Minnesota Brain Injury Alliance

education sessions about caregiving

For schedule, contact: 612-378-2742 or 1-800-669-6442 <http://www.strokemn.org/education/>

Aging and Dementia: Myths, Realities and Best Practices

Jointly Presented by National Alliance for Direct Support Professionals & National Task Group on Intellectual Disabilities and Dementia Practices

Webinar series <https://www.nadsp.org/the-aging-series/>