

## COMPREHENSIVE LBD SYMPTOM CHECKLIST

Add a check mark next to any new or concerning LBD symptoms. Write your comments or questions for the doctor in the comment field. Bring this form with you to your next appointment or send it to the doctor in advance.

<b>COGNITIVE SYMPTOMS</b>	
<input type="checkbox"/>	Forgetfulness
<input type="checkbox"/>	Trouble with problem solving or analytical thinking
<input type="checkbox"/>	Difficulty planning or keeping track of sequences (poor multi-tasking)
<input type="checkbox"/>	Fluctuating levels of concentration and attention
<input type="checkbox"/>	Disorganized speech and conversation
<input type="checkbox"/>	Unexplained episodes of confusion
<input type="checkbox"/>	Difficulty with sense of direction or spatial relationships between objects
<b>PARKINSON'S-LIKE SYMPTOMS</b>	
<input type="checkbox"/>	Rigidity or stiffness
<input type="checkbox"/>	Shuffling walk
<input type="checkbox"/>	Balance problems or repeated falls
<input type="checkbox"/>	Tremor
<input type="checkbox"/>	Slowness of movement
<input type="checkbox"/>	Weak voice
<input type="checkbox"/>	Change in handwriting
<input type="checkbox"/>	Decrease or change in facial expression
<input type="checkbox"/>	Drooling
<input type="checkbox"/>	Loss of or decreased ability to smell
<input type="checkbox"/>	Change in posture
<b>BEHAVIOR AND MOOD CHANGES</b>	
<input type="checkbox"/>	Hallucinations - Seeing or hearing things that are not really present
<input type="checkbox"/>	Other hallucinations (touch, smell)
<input type="checkbox"/>	Depression
<input type="checkbox"/>	Apathy (loss of interest and drive)
<input type="checkbox"/>	Delusions (false beliefs)
<input type="checkbox"/>	Anxiety

<b>SLEEP CONCERNS</b>	
	Acting out dreams during sleep (sometimes violently), falling out of bed
	Excessive daytime sleepiness
	Insomnia
	Restless leg syndrome
<b>AUTONOMIC SYSTEM DYSFUNCTION</b>	
	Dizziness, lightheadedness or fainting – or changes in blood pressure
	Sensitivity to heat and cold
	Sexual dysfunction
	Urinary incontinence
	Constipation
	Unexplained blackouts or transient loss of consciousness
<b>REACTIONS TO RECENT MEDICATION CHANGES</b>	
	Significant improvement
	Minimal improvement
	No change
	Increased parkinsonism (stiffness, rigidity, etc.)
	Increased confusion
	Increased hallucinations
	Increased sleepiness
	Increased dizziness or fainting
<b>COMMENTS/OTHER CONCERNS</b>	

*The information set forth in this material is intended for general informational use only. It is not intended to be medical, legal or financial advice or to take the place of competent medical, legal or financial professionals who are familiar with a particular person's situation. Each individual is advised to make an independent judgment regarding the content and use of this information.*