What Happens in the Study?

There will be a total of **three in-person study visits** and **at least two phone visits** over the course of 2 months at the HealthPartners Neuroscience Center located at 295 Phalen Boulevard, St. Paul, MN 55130.

Each participant is on the study medication for 4 weeks.

A designated care partner/family member will need to be present for all 3 visits and will need to help with dosing every day, twice a day (morning and evening) for 4 weeks.

What are the Risks?

Your participation in this study is entirely voluntary. You can choose to take part in or decide to leave the study at any time. You will not be penalized in any way for leaving the study.

All research studies, including this study, may involve risks. Other studies using intranasal insulin have noted the following side effects: nasal irritation, nose bleeds, headache, increased blood pressure, and low blood sugar.

Every effort will be made to protect your privacy, but as with all research studies, there is a risk of disclosure of personal health information. Although the results of this study may be presented at scientific meetings or publications, your identity and identifying information will not be released.

HealthPartners® Center for Memory & Aging

(651) 495-6363

ClinicalTrials@HealthPartners.com

295 Phalen Boulevard, Mail Stop 41203B,
Saint Paul, Minnesota 55130

Clinical Trial Opportunity

For individuals with Frontotemporal Dementia

HealthPartners® Center for Memory & Aging

Purpose of this Research Study

The purpose of this study is to investigate the feasibility of memory testing, recruitment, and safety of insulin when administered to individuals with Frontotemporal Dementia (FTD) when delivered as a nasal spray (intranasally).

To Find Out More:

Call us at: (651) 495-6363
Or Email us at:
ClinicalTrials@HealthPartners.com

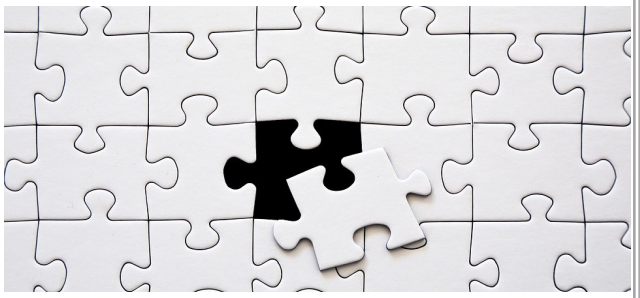
Can I be in the Study?

In order to participate in the trial you must:

- ◊ Be diagnosed with probable behavioral variant frontotemporal dementia or semantic dementia
- ◊ Be between the ages of 41 and 89
- ◊ Have a dedicated family member or caregiver who can attend all study visits
- ◊ Have undergone a brain CT or MRI as a part of receiving an FTD diagnosis

Unfortunately you **cannot participate** in the trial if:

- ⊗ You are currently taking insulin for diabetes or are allergic to insulin
- ⊗ You have a history of other central nervous system disorders



How will this Study Benefit me?

If you choose to take part in this study, there may or may not be direct benefits to you. However, the information from this study may benefit others with FTD in the future by leading to better treatment for the disease.

A team of health care providers will closely monitor your health while you participate in this study.

You can participate in this study at no cost. All study related labs, visits, materials, and drugs will be paid for by the HealthPartners Center for Memory and Aging.