

## **Ted Bowman**

Ted Bowman is an educator, and consultant. He specializes in change and transition, whether it occurs in families, an organization, or the community. For over 40 years, he has been a frequent trainer, consultant, and speaker with many groups throughout Minnesota, the United States, and other countries. Ted was an adjunct professor at the University of Minnesota (Family Education) 1981-2012; at the University of Saint Thomas (Social Work) 2006 until 2019; and 1989 to 1996 at United Theological Seminary of the Twin Cities.

Ted is the author of over 125 articles and chapters appearing in books, journals, newspapers, and magazines. His booklets, *Loss of Dreams: A Special Kind of Grief*, and *Finding Hope When Dreams Have Shattered* are widely used in grief care.