



Adult Ski Equipment Sizing Guide –

Ski Length	User Weight	Quantity	Boot Sizes	USA Female	USA Male	Quantity	Pole Length	User Height	Quantity
160	90-120	2	38	5.5	4.5	1	110	4'11"	1
176	120-150	2	39	6.5	5.5	1	120	5'0"	1
180	120-150	1	40	7.5	6.5	2	125	5'1"	1
186	150-180	3	41	8	7	3	130	5'3"-5'5"	4
190	150-180	3	42	9	8	3	135	5'7"	4
195	180+	2	43	9.5	8.5	4	140	5'9"	4
196	180+	4	44	10.5	9.5	3	145	5'11"	2
200	180+	1	45	11	10	2	150	6'1"	3
205	180+	2	46		12	1	155	6'3"	2
210	180+	4	47		12.5	1	-		
215	180+	1	38		13	1	-		

*Sizes are guidelines - When deciding on ski length, beginners do better with shorter skis.

**Quantity is total number of each item we had in stock at the beginning of season and not what is currently available. Numbers may fluctuate as we check-out and check-in equipment.

Youth Ski Guide –

Youth skis generally fit kids between the ages of 6 and 11, ski package comes with telescoping ski poles that can be adjusted for the perfect fit. As an added bonus, the bindings allow kids to wear their own winter boots, no need to fuss with them adjusting to a new shoe or a shoe not fitting correctly.