

Webinars, Seminars, Conferences & Classes for Caregivers and Professionals

Updated December 2021

- Upcoming Presentations
- Ongoing and On-Demand Presentations

Upcoming Presentations

Speaking of Dementia: How to Refer to Dementia in Racial-Ethnic Minority Community-Facing Communications

December 14th at Noon – Webinar hosted by the **Minnesota Gerontological Society**

Objectives:

Identify the preferences of several racial/ethnic minority groups when discussing dementia.
Define the implications of different terms potentially used when referring to dementia.
Discuss Stigma, Shame, and Silence as cultural considerations related to dementia in racial-ethnic minority communities.

Presentations:

Going into a Community, We Need to Start from Where They're At—Caregiver and Advocate Perspectives

Zachary Baker, PhD., University of Minnesota, MN

I Didn't Really Fully Understand Until I Came into the States: African Immigrants' ADRD (Alzheimer's Disease and Related Dementia) Introduction/Awareness

Manka Nkimbeng, PhD., MPH, RN, University of Minnesota, MN

Communication of ADRD in Hispanic/Latin American Communities

Luis D. Medina, PhD., University of Houston, AZ

Lessons Learned from Focus Groups and Community Outreach in the African American Community

Robbin Frazier, BSBA, University of Minnesota, MN

[Click here to register now!](#)

Ongoing and On-Demand Presentations

Dementia: Caring & Coping

Dementia: Caring & Coping during the Pandemic - Second Series is now underway. These virtual events are presented by the **Roseville Alzheimer's & Dementia Community Action Team** in partnership with Lori La Bey's online show **Alzheimer's Speaks**. The series focuses on a variety of topics to help care partners and persons living with dementia.

These presentations and interviews are broadcast on [Alzheimer's Speaks](#) with Lori La Bey on the fourth Wednesday of every month starting April 28, 2021 at 1:00pm. **They are also available on the [Series Two YouTube Playlist](#).**

Episode One

April 28 - Dementia Research during the Pandemic - COVID and Cognition

William H. Frey II PhD, Senior Research Director - Center for Memory & Aging, HealthPartners Neuroscience Center

Episode Two

May 26 - What's your Plan? Legal Considerations when Facing a Dementia Diagnosis

Leah Gilbert, J.D. Private practice attorney focusing on estate planning and elder law - Gilbert Legal, PLLC.

Episode Three

June 23 - Dementia and Medical Care Decisions - Prepare your Family for What's Ahead

Deborah Day Laxson, Author of "The Gray Zone: When Life Support No Longer Supports Life" and "The Fog Zone: Navigating the Space After Your Diagnosis" and founder of the Health Care Agent Literacy Project

Episode Four

July 3 - The End of Life Journey

Jeanne Bain, End of life navigator, dementia trainer and consultant. Jeanne is co-host of a podcast called "Death Unfiltered"

Episode Five

August 25 - Your Path to Peace of Mind While Caregiving

Pat Samples, Author of "Daily Comforts for Caregivers" and "Self-Care for Caregivers, A Twelve Step Approach" and other books, and a champion for creative aging.

Episode Six

September 22 - Humor as a Tool for Caring & Coping

Shannan Calcutt, Comedian, actor, and workshop leader, clown, comic act designer and acting coach with Cirque du Soleil in Las Vegas.

Episode Seven

October 27- Ambiguous Loss in a Time of Pandemic

Pauline Boss, Ph.D., Author of "Loving Someone with Dementia" & "Ambiguous Loss" & to be published in November: "The Myth of Closure: Ambiguous Loss in a Time of Pandemic."

The first series of **Dementia: Caring & Coping during the Pandemic** presentations highlighted how organizations modified their programs and services for people living with dementia and their care partners due to COVID-19 and the creative ways that various organizations continued to provide services despite the challenges of COVID-19 restrictions. These shows were broadcast during January and February 2021 and are available on the [Series One YouTube Playlist](#).

Dementia: Caring & Coping during the Pandemic is sponsored by Alzheimer's Speaks and Roseville Alzheimer's & Dementia Community Action Team, the City of Roseville, and the Ramsey County Library system. **We give special thanks to the Friends of the Ramsey County Libraries for their support.**

Memory Loss: A Guide to "What Now?"

Virtual introductory class presented by the Mayo Clinic for those recently diagnosed with memory loss, mild cognitive impairment, or any type of dementia. The class meets the second Wednesday of each month beginning in Aug 2021 from 2:00-3:15pm Central Time.

Please call or email Jodi for the Zoom link and for additional information about the support group and the class at 507-284-1324 or melius.jodi@mayo.edu

Medicare Basics

During the COVID-19 pandemic, the Metropolitan Area Agency on Aging is offering these presentations using the Zoom video platform. **Check [here](#) for dates and free registration.**

Medicare 101: Selecting the Right Plan for You

Medicare can be complicated. We'll help demystify it and help you select the plan that works best for you. Learn about programs that could help you lessen your costs. You'll get non-biased advice; we don't sell, endorse or promote any insurance products.

Medicare Updates for 2021

Learn about the changes in Medicare benefits and coverage for 2021, and how these changes affect you.

How the Senior LinkAge Line Can Help You

You have questions about housing, services that help you live safely in your home, financial support and more. We'll answer your questions and help you know about valuable resources and supports to keep you or a loved one living independently as you age.

Health Care Directives

This presentation will discuss what advance care planning is and what health care directives can do. We will not complete health care directives as part of this presentation, but attendees will be equipped with the knowledge, resources, and where to go for help to complete their directive. We explain who can be a health care agent and the responsibilities of that role. Examples of health care directives and important considerations will be shared.

Health Care Fraud: Preventing Medicare Fraud and Avoiding Scams

Learn to detect Medicare fraud and what to do if you suspect fraud. We discuss the top scams currently being directed towards older adults and how to avoid them.

If you don't find a presentation that works for you, call the Senior LinkAge Line at 800-333-2433 for help.

Older Americans Act 101: The Foundation of the Aging Services Network

A new course is now available on ADvancing States IQ on the Older Americans Act. This course provides participants with an overview of key issues relevant to the Older Americans Act (OAA), a seminal piece of legislation that underpins the Aging Services Network and authorizes critical programs that support older adults. This course discusses the historical development, functions, and governance of the Act, its service programs, populations served, and funding. Older Americans Act 101 is aimed toward new, as well as seasoned, professional staff in the field of aging who would like a better understanding of the OAA.

This course is free and available to all users on ADvancing States IQ. To access the course, log in to ADvancing States IQ and search for the course Older Americans Act 101: The Foundation of the Aging Services Network.

To log in or create an account, visit [Advancing States IQ](#).

Alzheimer's Foundation of America

[Alzheimer's Foundation Webinars](#)

Alzheimer's Speaks

A wealth of resources from and about people living with dementia. Access to Alzheimer's Speaks Radio and webinars.

[Alzheimer's Speaks](#)

American Society on Aging

[American Society of Aging Web Seminars](#)

Dementia Alliance of North Carolina

[Educational Events Calendar](#)

Insights from Arthurs

Deb Nygaard, Director of Development at Arthur's Residential Care, narrates short one-to-three-minute videos that give some insightful tips on how you can interact more successfully with your loved ones who have dementia or Alzheimer's.

29 short videos provide information and resolutions for particular dementia behaviors.

[Insights from Arthurs](#)

Minnesota Brain Injury Alliance 2021

[Lunch and Learn](#) seminars for social workers and social service providers.

Minnesota Gerontological Society

[MGS Conferences and Seminars](#)

National Alzheimer's and Dementia Resource Center Series

[Alzheimer's Resource Center Series](#)

Parkinson's Foundation Expert Briefings Web Seminar Series

[Parkinson's Expert Briefings](#)

Struthers Parkinson's Center – HealthPartners

[Classes and events for Parkinson's patients and caregivers](#)

Teepa Snow - Positive Approach to Care®

Teepa Snow and her Positive Approach to Care® Team share about dementia so that everyone can understand *why* this is happening and *how* to support those living with brain change in a more positive and respectful way. Teepa provides training for professional and family dementia care with in-person and virtual training sessions. Many free videos and resources are available on her website.

[Teepa Snow - Positive Approach to Care](#)

[Free Teepa Snow Videos](#)

GCBH Behavior Change Webinar Series

The Global Council on Brain Health (GCBH) hosted a summer webinar series exploring the area of behavior change as it relates to brain-healthy lifestyles. This series of four webinars focused on the science of behavior change including brain health communication and promotion, lessons learned from implementing other public and brain health campaigns and initiatives, neuroeconomics, overcoming barriers to change and brain health equity. The webinars featured invited experts participating in a presentation/roundtable format with questions from the GCBH, moderated by GCBH staff.

Webinar 1: Communicating and Promoting Brain Health Behavior Change

Webinar 2: Implementing Brain Health Behavior Change – Lessons Learned

Webinar 3: Health Economics and Brain Health Behavior Change

Webinar 4: Barriers to Implementing Brain Health Behavior Change and Building Equity

[Watch replays](#) of the four-part series exploring the science of behavior change and brain health.

AARP: Disrupt Dementia

Sparking bold new solutions for the world's brain health crisis

[Dementia: Signs, Symptoms, Stages & Treatment](#)

World Dementia Council: Global dialogue on Prevention

The dementia landscape project: essays from international leaders in dementia.

[DLP - Essays - Prevention.pdf](#)

Highlights from the Alzheimer's Association International Conference 2021

[Conference Overview](#)